

14th Annual
California Child Life
Conference
November 9 - 10, 2018



Friday, November 09, 2018 4.5 PDU

9:00 a.m. CHECK-IN

10:00 – 12:00 p.m. MORNING ACTIVITIES AND CAMP TOUR

12:00 – 12:45 p.m. LUNCH

1:00 – 1:20 p.m. WELCOME

1:30 – 2:30 p.m. [SESSION I](#)

PDH 1.0

1. Adapting Child Life and Creative Arts Interventions: Interdisciplinary Collaboration within the Context of Inpatient Rehabilitation

(Intermediate) Domain: Intervention

Jennifer Geisse, MA, CCLS (Contact) UCSF Benioff Children's Hospital Oakland

Sadie Wilcox, MFA, Artist in Residence UCSF Benioff Children's Hospital Oakland

This presentation will begin with a lecture addressing Child Life interventions within an inpatient rehabilitation setting and offer adaptive creative arts modalities appropriate for this population. The lecture will incorporate a disability studies perspective as a lens with which to advocate for children who have a range of different physical, cognitive, communicative, sensory, and developmental needs. In addition, facilitators will delve into specific case studies in order to provide examples of this work with patients and families through individualized care plans. Finally, participants will have the opportunity to reflect on their own learning process within small groups to put learning objectives into practice.

2. "Campamento Familiar": Implications of a therapeutic pediatric oncology family camp for Spanish speaking families

(Entry) Domain: Intervention

Erin Shields, MA, CCLS II - Children's Hospital Los Angeles

Families with limited English proficiency (LEP) are faced with a vast array of barriers in the health care setting, including limited communication abilities and a lack of sensitivity as they navigate their healthcare experience. One intervention that has been researched and suggested to be beneficial for the pediatric oncology population, is therapeutic oncology camps. Despite the benefits identified in literature, if a family attends camp and they don't speak the same language as the majority of the population, they can find themselves isolated once again- this time in what should be a very supportive environment. "Campamento Familiar," a Spanish-speaking Family Camp offered through Camp Ronald McDonald for Good Times, works to fill this need for a more culturally sensitive camp experience. This session will discuss the need for sensitization surrounding the LEP population as well as the need to diversify the types of interventions we are offering patients and families in and out of the hospital.

2:40 – 4:10 p.m. SESSION II

PDH 1.5

1. *Multicultural Awareness in Child Life: Cultural Identity Development*

(Intermediate) Domain: Ethics

Heather Craig, MA, CCLS, MFT Trainee UCSF Benioff Children’s Hospital San Francisco

Principle 3 of the CLCC Code of Professional Practice states, “Individuals shall have an obligation to serve children and families, regardless of race, gender, religion, sexual orientation, economic status, values, national origin or disability.” The intention of this session is to deepen our process as professionals and reflect on what it means to serve children and families of various identities in relation to our own identities.

2. *Developing Sweet Skills: Intervention & Education Workshop for Supporting Patients with Diabetes*

(Intermediate) Domain: Intervention

Katie Craft, BSFCS, CCLS - UCSF Benioff Children’s Hospital Oakland

The goal of this presentation and hands-on learning workshop is to create a basic foundational knowledge about a complicated chronic disease that can be applied to new diagnosis Child Life education support across the developmental span. This presentation will begin with a lecture addressing Child Life interventions appropriate for in or out-patient settings working with patients with a new diabetes diagnosis or supporting continued understanding of the disease for patients and families. The lecture will incorporate concrete descriptions of the condition to be used with patients of a variety of developmental levels and examples of medical education activities described through a supportive psycho-social lens. The power of language and its role in supporting healthy management behaviors as well as supporting positive self-identity development will also be examined. In addition, this presenter will facilitate opportunities for attendees to develop their own skills further, support understanding of diabetes, disease management, and medical equipment via syringe art and practicing blood sugar checking with medical play equipment in small groups.

3. *A Journey in the Moon Balloon*©

(Entry) Domain: Intervention

Sandie Sternberg, CCLS Coordinator, Child Life Services - Cedars-Sinai

Joanne Ordone, CCLS - Cedars-Sinai

This presentation will take participants on their own journey in “The Moon Balloon©.” By navigating through a field of hot air balloons, participants will learn “hands-on” techniques to help patients and families to connect with each other, especially when overwhelmed by their circumstances. By using images and words to identify their emotions, transformation occurs. ©Based on the work of Joan Drescher, author and illustrator of The Moon Balloon.

4:20 -5:20 p.m. SESSION III

PDH 1.0

1. “Lessons from a Loss Mom: A Child Life Specialist’s Role in Perinatal Loss”**(Intermediate)** Domain: Intervention**Jessica Vroman, MA, CCLS – Child Life Specialist at UC Davis Children’s Hospital**

As both a CCLS and a bereaved mom, the presenter has a unique perspective on living with loss and how Child Life Specialists can better support grieving families and children. By sharing the wisdom from a worldwide support group for grieving moms as well as her own journey, participants will gain insight into how to walk alongside families as they navigate the winding road of loss. What helps? What doesn’t? What to say? More importantly, what NOT to say? All of these topics will be addressed, along with time for questions.

2. Expanding Child Life Through a Child Life Fellowship Program**(Entry)** Domain: Intervention**Rachel Kinsinger, MS, CCLS - Loma Linda University Hospital****Jamie Jones, MS, CCLS - Loma Linda University Hospital**

Two previous child life fellows from Loma Linda University Children’s Health (LLUCH) discuss how LLUCH’s child life department began a fellowship program with program expansion in mind. Successes and challenges are addressed as well as tips and tricks for expanding child life to other areas in the hospital.

6:00 – 6:50 p.m. DINNER**7:00 -8:00 p.m. SESSION IV**

PDH 1.0

1. PHUN with PUN**(All)** Domain: Intervention**Mark Maxwell-Smith, Emmy-nominated game show developer and producer**

PUN, self-designated PHD*, will lead us in an evening of games with a purpose. Exploring behavior dynamics, prepare to laugh and learn. Experience the other side of the play paradigm and acquire some new and simple bed-side diversions while being reminded on the different ways children approach challenges and process information. **Palliative Hospital Distraction*

8:30– 10:00 p.m. EVENING ACTIVITIES

Saturday, November 09, 2018 4.5 PDU

7:30– 8:30 a.m. SUNRISE ACTIVITIES

8:30 – 9:15 a.m. BREAKFAST

9:30 – 10:20 a.m. WELCOME

10:30 – 12:30 p.m. PLENARY SESSION

PDH 2.5

Resilience Over Compassion Fatigue & Burnout – Acknowledging the Symptoms and Taking Action

(Entry -Advanced) Domain: Self-care, Personal/professional development

Jenna Bollard, MA, MT-BC, CCLS, Expressive Arts Therapies Manager - UCLA Mattel Children’s Hospital

Kellye Carroll, MS, CCLS, Director, UCLA Mattel Children’s Hospital

This multimodal presentation will provide attendees with a deeper understanding of vicarious trauma and symptoms of compassion fatigue. Attendees will be provided with resources for self-assessment tools and will gain insights into the effectiveness of their current coping strategies. Kellye and Jenna will facilitate self-discovery focused interventions, guided relaxations and will provide examples of self-care/resilience focused action plans that will enhance the well-being of care professionals. If you ever feel drained, sad, overwhelmed or frustrated then this presentation is for you! If you are a new professional who has not yet felt drained or impacted by the nature of your clinical work then this presentation is still recommended as a preventative measure!

12:40 – 1:30 p.m. LUNCH

1:40 – 2:40 p.m. SESSION II

PDH 1.0

1. Acute Stress Disorder: Symptoms, Risks Factors, and Support Strategies Skill

(Intermediate) Domain: Assessment

Hannah Knott, MS, CCLS II, CTP – Community Regional Center, Fresno

Acute stress disorder, a risk factor for developing PTSD, affects a significant portion of children treated for injuries. Knowing the risk factors for and symptoms of acute stress will assist the child life specialist (in the acute, emergent, or critical care setting) to assess stress potential and prioritize interventions. Familiarity with the symptoms and helpful psychosocial responses will help the CLS to educate parents on ways to support their child’s coping after discharge.

2. Ethics of Asking Parents to Leave for Anesthesia Induction

(All) Domain: Ethics

Elizabeth Fox, CCLS, Child Life Specialist II - Valley Children’s Hospital, Madera

Marisa Ybarra-Reyes, MS, CCLS, CEIM, Child Life Specialist II - Valley Children’s Hospital, Madera

What are the ethics of asking parents to leave a child’s side in a pre-surgical/induction situation? Evidence shows that children that are allowed to have parental involvement in their induction routines have less need for pre-surgical sedation.

2:50 – 3:50 p.m. SESSION III

PDH 1.0

1. *Representation and Inclusion in Child Life***(Intermediate)** Domain: Professional Responsibility**Morinsola Keshinro, MS, CCLS - Northridge Hospital Medical Center**

This presentation will explore representation and inclusion as it relates to child life practice. The speaker looks to challenge the listener to assess current self-reflection and intellectual curiosity practices as they implement representative and inclusive considerations in their work.

2. *Counseling Techniques in Child Life***(Entry)** Domain: Intervention**Heather Craig, MA, CCLS, MFT Trainee UCSF Benioff Children's Hospital San Francisco**

Child life specialists utilize counseling skills on a regular basis in our work. This session is intended to provide a framework for understanding the skills we are often already using, such as open-ended questions and reflective listening. Participants will have the opportunity to apply these skills through role plays and learn ways to deepen their interventions with patients and families.

4:00 – 6:00 p.m. AFTERNOON ACTIVITIES**6:00 – 6:45 p.m. DINNER****7:00 – 8:00 p.m. GROUP GAME****8:10– 10:30 p.m. EVENING ACTIVITIES**

Accommodations

Shuttle Service

*view options/room images on CACLP website under [accommodations](#) link

***Eventbrite charges each transaction 2.9% + \$1.99**

<p>Hotel Style Room / private bathroom (up to 2 people): rates are per person, includes 2 single beds</p> <ul style="list-style-type: none"> • \$100 for 2 nights • \$75 for 1 night <p>Rooming with: _____</p> <p>Trio Cabin Room (up to 3 people): rates are per person, includes 1 single bed and 1 set of bunk beds.</p> <ul style="list-style-type: none"> • \$65 for 2 nights • \$45 for 1 night <p>Rooming with: _____</p> <p>Cabin Room: dorm style, up to 6 people (rates are per person- rooms will be gender specific)</p> <ul style="list-style-type: none"> • \$60 for 2 nights • \$40 for 1 night <p>Rooming with: _____</p> <p>_____</p> <p>Team Cabin: dorm style, up to 16 people (includes 2 trio cabin rooms - 6 beds and 1 dorm style cabin room 10 beds)</p> <ul style="list-style-type: none"> • \$700 for 2 nights • \$500 for 1 night 	<p>Round trip Shuttle Service from Burbank Airport. \$30.00</p> <p><u>Friday, November 9, 2018</u></p> <p>Pickup at Burbank Airport – 10:30 A.M. _____ (Arrive at camp approximately 12:00 P.M.)</p> <p><u>Saturday, November 10, 2018</u></p> <p>Return to Burbank Airport – 4:30 P.M. _____ (Arrive at airport approximately 6:00 P.M.)</p> <p><u>Sunday, November 11, 2018</u></p> <p>Return to Burbank Airport – 9:00 A.M. _____ (Arrive at airport approximately 10:30 A.M.)</p>
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CONFERENCE REGISTRATION FEES

Registration deadline is October 12, 2018 to receive the rates listed below:

* Registrations occurring after October 12, 2018 will incur a \$25 late fee.

***Eventbrite charges each transaction 2.9% + \$1.99**

Friday Only	CLC Member: \$100	Non-CLC Member: \$110	Student \$75
Saturday Only	CLC Member: \$135	Non-CLC Member: \$145	Student \$110
Friday & Saturday	CLC Member: \$210	Non-CLC Member: \$230	Student \$185

CONFERENCE REGISTRATION FORM

To register online:

<https://californiachildlifeconference2018.eventbrite.com>

***Eventbrite charges each transaction 2.9% + \$1.99**

To mail in send form to:

CACLP

PO Box 34101

Granada Hills, CA 91394

***No transaction fees if mailed in**

Name	
Hospital/Organization	
Professional Title	
Email Address	

<p style="text-align: center;">FRIDAY, NOVEMBER 09, 2018</p> <p style="text-align: center;">Friday Conference Fees (Meals Included)</p> <p style="text-align: center;">Identify your first choice for each workshop.</p> <p>Session I: 1 _____ or 2 _____</p> <p>Session II: 1 _____ or 2 _____ or 3 _____</p> <p>Session III: 1 _____ or 2 _____</p> <p>Session IV: 1 _____</p> <p>_____ Attending Conference Friday Only</p> <p>_____ Attending Conference Both Days</p> <p>Dietary Restrictions:</p>	<p style="text-align: center;">SATURDAY, NOVEMBER 10, 2018</p> <p style="text-align: center;">Saturday Conference Fees (Meals included)</p> <p style="text-align: center;">Identify your first choice for each</p> <p>Plenary Session: 1 _____</p> <p>Session II: 1 _____ or 2 _____</p> <p>Session III: 1 _____ or 2 _____</p> <p>_____ Attending Conference Saturday Only</p> <p>_____ Staying until Sunday Morning</p>
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MANDATORY to all attendees: Please fill out the visitor release form online here:

https://calchildlife.org/2018_conference/ > [Visitor Release](#)

Professional Development Units (PDUs) are used towards recertification for the Child Life Specialist (CCLS) credential. **Please save your conference program and Certificate of Attendance as proof of your attendance.** You are responsible for entering conference hours earned in your ACLP Profile.
